



Gramine: A Multidisciplinary Review on an Indole Alkaloid Bridging Chemistry, Biology, and Medicine

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Received 21 December 2025, revised 11 Feb 2026, Accepted 14 Feb 2026

Cited as: B. Akabli, Z. Abbaoui, I. Oualdi, S. Ben m'barek, N. Bentouhami, A. Asehraou, A. Chetouani, W. Agerico Dino and R. Touzani (2026) Gramine: A Multidisciplinary Review on an Indole Alkaloid Bridging Chemistry, Biology, and Medicine, Arab. J. Chem. Environ. Res. 13(1), 152-169

Abstract

The natural alkaloid gramine has attracted great interest from academia and industry due to its potential and diverse biological activities, including antiviral, antibacterial, antifungal, anti-inflammatory and antitumor activities; therapeutic application in Alzheimer's disease; serotonin receptor activity; insecticidal activity; and application as an algacide. In this review, we highlight the progress made in the study of herb-based molecules since their discovery and provide key information on their extraction and isolation, chemical synthesis and various biological activities. Data on their mechanism of action are also presented. This comprehensive and critical review will provide guidance for the development of new drug candidates based on the grass alkaloid backbone.

Keywords: Gramine; Indole Alkaloid; Serotonin Receptor Activity; Alzheimer's Disease; Drug Development; Bibliometric analysis.

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1. Introduction

Gramine, also known as N,N-dimethyl-1*H*-indole-3-methylamine, is an indole alkaloid initially isolated from *Arundo donax* L. and generally plays a defensive role in plants against herbivores (Orechhoff and Norkina, 1935) (Figure 1). Recently, this alkaloid has also been isolated from various raw plants, particularly barley, and it may act as a precursor for tryptophan biosynthesis and play a vital role in amino acid metabolism (Matsuo et al., 2001; Omar et al., 2021). Gramine has attracted considerable attention due to its various antiviral, antibacterial, anti-inflammatory, antitumor, and insecticidal activities (Hanson et al., 1983). In traditional Chinese medicine, it is also used to control toothaches, urinary problems, and heart disease (Li et al., 2020). It is interesting to note that certain molecules with a structure similar to gramine, such as sumatriptan and rizatriptan, have been approved for clinical trials or for use in clinical practice.



Figure 1: *Arundo donax* L.

The rational exploitation of bioactive compounds requires a rigorous synergy between chemical synthesis and molecular modelling. The synthesis of new indole derivatives attracts more attention of researchers to numerous applications as anticancer, antibacterial, anticorrosion... (Zarrok et al., 2012; Tribak et al., 2017; Hadda et al., 2021; Abdelazeem et al., 2024; Er-ray et al., 2025; Kumar et al., 2026). As demonstrated by (Abbaoui et al., 2024) via the virtual screening of diterpenes targeting Alzheimer's disease, this *in silico* approach is decisive for elucidating ligand-receptor interactions, thus validating a predictive methodology that can be directly transposed to the pharmacological valorization of Grass. In 1935, Orechhoff et al. discovered gramine for the first time in *A. donax* L. and named it donaxine (Orechhoff and Norkina, 1935). It is interesting to note that in 1959, gramine was first discovered in *Acer saccharinum*, with 1.1 g of prismatic crystals obtained from 3.75 kg of dried maple leaves, which are widespread in the United States and southeastern Canada (Pachter et al., 1959). Then, (Anderson et al., 1976) extracted 85 mg of gramine from 640 g of *Lupinus hartwegii* seeds (six weeks old) grown in vermiculite (Anderson and Martin, 1976). In 1985, Zúñiga et al. reported gramine in 34 barley cultivars, in amounts ranging from 0 to 48 mmol/kg (Zúñiga et al., 1985).

A bibliometric analysis receives more attention of police makers to dress indicators of the most fields and domains studied as well as the prolific authors and countries having significant contributions and their collaborations (Aria and Cuccurullo, 2017; Tribak *et al.*, 2017; N'diaye *et al.*, 2022; Abdelazeem *et al.*, 2024; Laita *et al.*, 2024; Kumar *et al.*, 2025; Salghi *et al.*, 2025; Mishra, 2026). **Figure 2a** shows the geographical distribution of the number of documents published in relation to a specific field of research (not specified here). It shows that the United States largely dominates scientific output with more than 120 documents, followed by China and Japan, each with more than 60 publications. The United Kingdom, Germany, and Canada form an intermediate group, with between 30 and 40 documents. Finally, countries such as Australia, Italy, India, and France have made a more modest contribution, with around 15 to 25 publications. This distribution highlights the concentration of scientific activity in certain regions of the world, particularly North America and East Asia. This finding may be elucidated more via the VOSview map showing the countries via colored circles (node) with a diameter in relation of the number of articles (Martins *et al.*, 2024; Hammouti *et al.*, 2025). The largest node is attributed to the US (orange color), followed by the purple nodes of China and Japan. The fourth position via a green node (UK) and Germany by the brown node etc... (**Figure 2b**). **Figure 3** shows the distribution of scientific publications according to the most prolific authors in a given field of research. It highlights that Snyder, H.R. ranks first with a total of 11 published papers, closely followed by Corcuera, L.J. and Jasiewicz, B., each contributing to 10 publications. Other researchers such as Eto, M., Hirashima, A., and Mrówczyńska, L. also show notable productivity with 8 papers. The other authors in the ranking, including Csaba, G., Hu, H.Y., Scanlan, R.A., and Hong, Y., each have 7 to 6 publications. This distribution highlights the significant contribution of a small group of researchers in the field, illustrating their central role in advancing scientific knowledge on the subject.

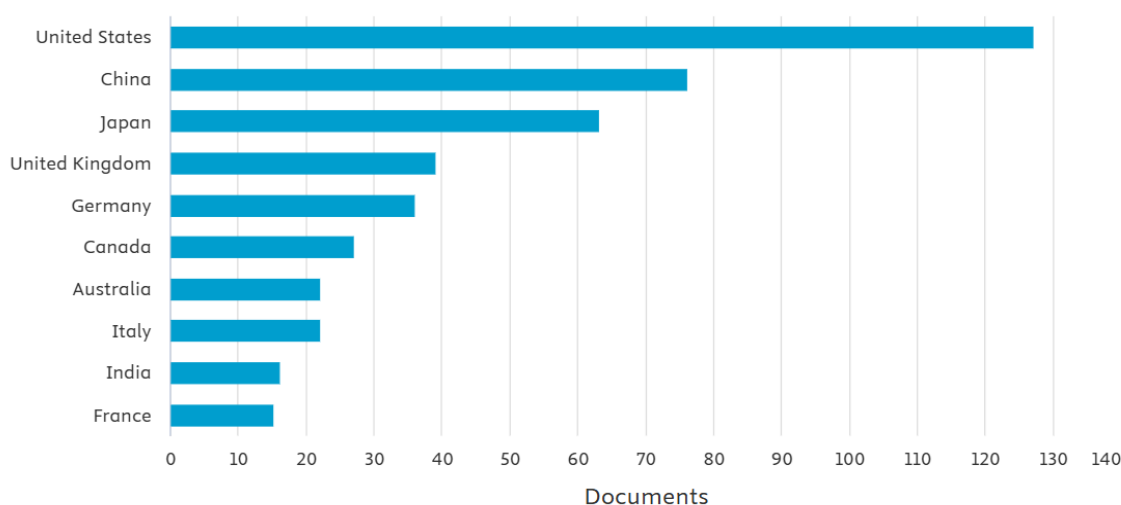


Figure 2a: The top countries working on gramine (from Elsevier Scopus)

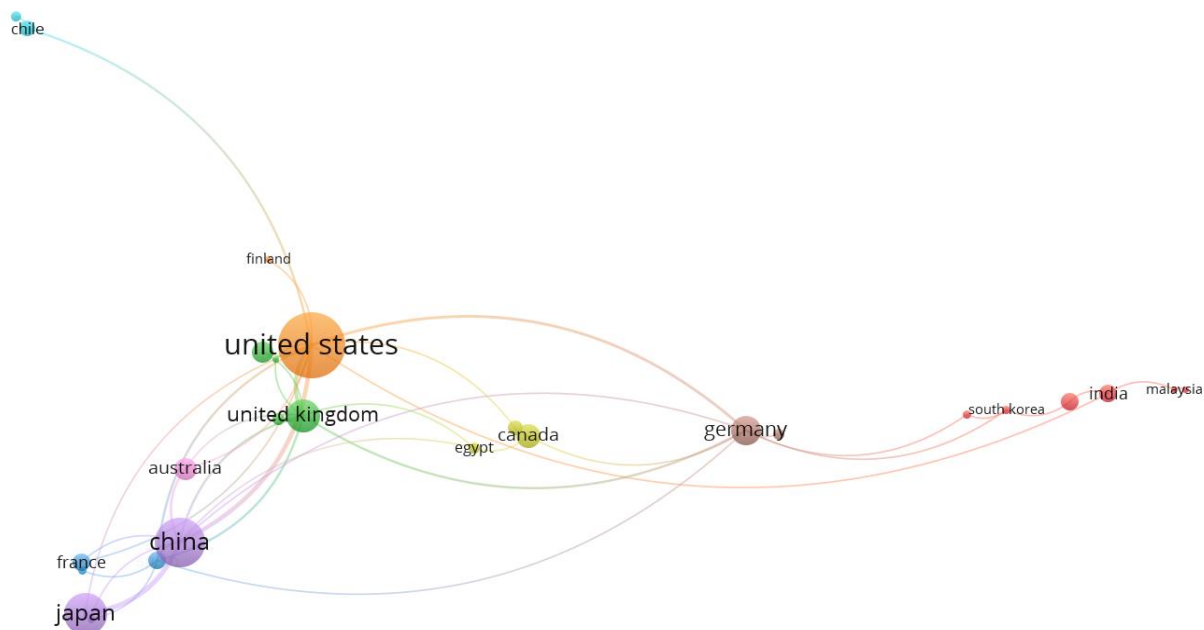


Figure 2b: VOSviewer Network visualization of 23 countries contributing on gramine

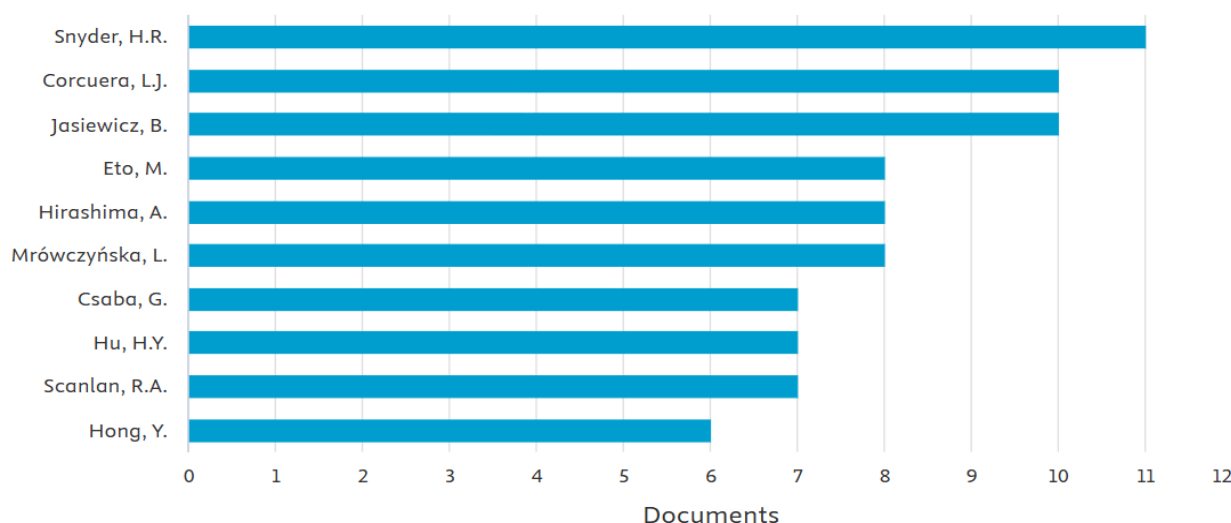


Figure 3: Top authors working on gramine (from Elsevier Scopus)

2. Physicochemical characterization and preparation of gramine

2.1. Structure and derivatives

Gramine, with the chemical formula $C_{11}H_{14}N_2$, is an indole derivative substituted in position 3 by a dimethylaminomethyl group ($-CH_2N(CH_3)_2$), forming a tertiary amine linked to a conjugated bicyclic aromatic ring. is a natural organic compound belonging to the indole alkaloid family, found in many plants, particularly grasses. Grasses can use it for defense, as the molecule is toxic to many organisms. (Semenov and Granik, 2004).

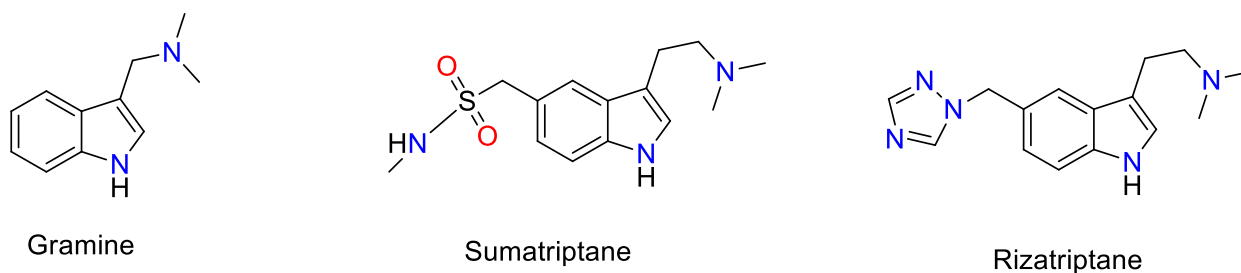


Figure 4: Chemical structures of gramine and therapeutic indole derivatives (*Sumatriptan* and *Rizatriptan*) (Lines and Visser, 2001)

2.2 Physical and chemical properties

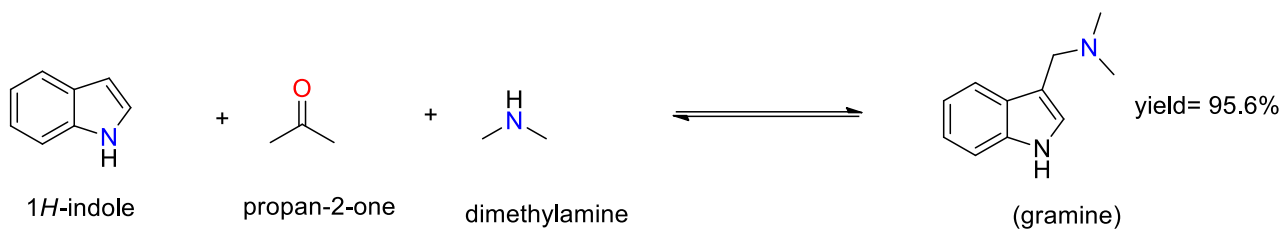
In the table below (**Table 1**) we summarize the physical and chemical of gramine:

Table 1: Physicochemical Properties of Gramine (NCBI, 2025)

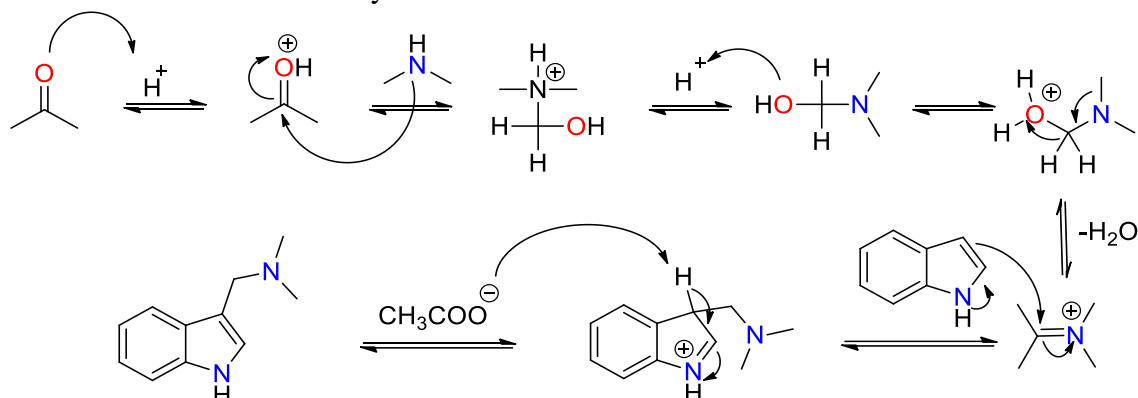
Molar Mass	175.23 g/mol
Physical state	Crystalline solid
Density	1.2 g/cm ³ (approx.)
Boiling point	315 °C
Melting point	165-167 °C

2.3 Chemical synthesis and mechanism

Gramine and its derivatives have been synthesized by various methods by the scientific community due to their attractive function and biological activities. For the sake of clarity, we have summarized these classic and effective synthesis methods according to their key reaction type. The Mannich reaction (**Scheme 1**) is widely used in the synthesis of gramine and its derivatives, with indole, propan-2-one (formaldehyde), and dimethylamine as raw materials. (Xu *et al.*, 2004) synthesized gramine using acetic acid as a catalyst, with a total yield optimized to 95.6% (Xu and Wei, 2004). (Zhang *et al.*, 2020) demonstrated the synthesis of gramine which were substituted with methyl, nitro, and methoxy groups, with yields ranging from 70.5% to 95%. In 2014, microwave-assisted technology was introduced into the acetic acid-catalyzed Mannich reaction, with a high yield of 98.1% (Yin *et al.*, 2014). In particular, the response time is only 5 minutes. The development of efficient synthetic pathways is crucial for accessing these bioactive indole scaffolds. In the field of catalysis, (Mezinae *et al.*, 2024), (Abbaoui *et al.*, 2025), (Ridal *et al.*, 2026) and (Titi *et al.*, 2023) have reported advanced catalytic methodologies regarding N-heterocyclic compounds, offering sustainable routes that could be applied to the synthesis of gramine derivatives.



Scheme 1: the synthesis method based on the Mannich reaction.



Scheme 2: Mechanism of the Gramine synthesis reaction

2.4 Extraction and separation

Ultrasonic extraction of gramine is based on the principle of sonication, which uses high-frequency ultrasonic waves (generally between 20 and 40 kHz) to cause acoustic cavitation in the extraction solvent (**Figure 5**). This phenomenon creates microbubbles that implode near the cell walls of plant matrices (such as barley or reed), causing them to rupture and thus promoting the efficient release of intracellular compounds, including gramine. This technique is considered fast, efficient, and environmentally friendly, as it allows for more complete extraction in less time while using less solvent compared to conventional methods (such as maceration or percolation) (Vinatoru, 2001). In 2020, an ultrasonic method was used to extract gramine (Li *et al.*, 2020). The extraction rate of *A. donax* L. gramine was 1% under the following conditions: ultrasonic power: 600 W, duration: 50 min, temperature: 50°C, liquid/material ratio: 40 mL/g, and pH: 5.

3. Biological activities

3.1. Antiviral activity

Enterovirus 71, widely reported in the Asia-Pacific region, is a classic RNA virus that can infect the hands, feet, and mouth of humans (Dan *et al.*, 2023). Prevention of this disease has so far relied mainly on alerts and public health management (Batista *et al.*, 2019). Furthermore, no specific drugs for enterovirus 71 infections have been used in clinical practice to date. Usually, certain broad-spectrum antiviral drugs, such as type I interferon, ribavirin, and pleconaril, are used to treat enterovirus 71 infection (Han *et al.*, 2021). In 2014, certain gramine derivatives synthesized by Wei *et al.* showed

potential inhibitory activity on the cytopathic effects induced by enterovirus 71. Beyond viral infections, the pharmacological scope of these scaffolds encompasses significant antiproliferative properties. Recently, (Abbaoui *et al.*, 2025) and (Qorri *et al.*, 2025) synthesized and characterized novel N-heterocyclic entities, demonstrating their potential through anticancer evaluation and comprehensive ADME profiling (Figure 6).

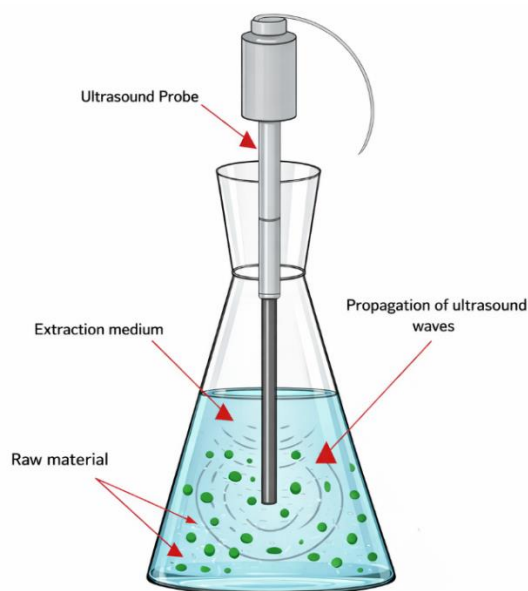


Figure 5: The Ultrasonic Device

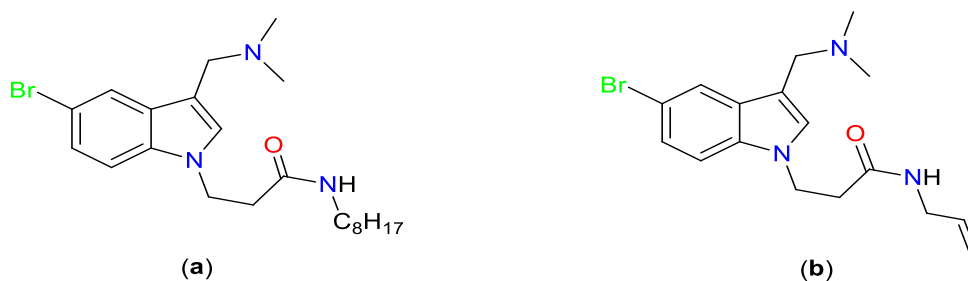


Figure 6: Chemical structures of gramine derivatives (a–b) exhibiting antibacterial activity

3.2. Antibacterial activity

In 2014, Yang *et al.* reported the antibacterial activity of gramine, which could effectively inhibit the growth of *Escherichia coli* and *Staphylococcus aureus* with minimum inhibitory concentrations (MIC) of 16.92 and 6.26 $\mu\text{g/mL}$ (Shklar, 1999). In addition, it may also slightly inhibit the growth of methicillin-resistant *Staphylococcus aureus* (MRSA) with an inhibition rate of 82% at 400 $\mu\text{g/mL}$ (Kumar and Suresh, 2014). In 2018, Feng *et al.* reported the antibacterial activity of gramine derivatives associated with the acylamino group (Feng *et al.*, 2018). It is interesting to note that compounds (a) and (b) showed moderate antibacterial activity against *S. aureus* with an MIC of 30 $\mu\text{g/mL}$. The rhizosphere microbiota can reflect the growth and development status of plants, which is valuable for sustainable agriculture. In 2021, Maver *et al.* discovered that gramine could regulate prokaryotic communities in the

rhizosphere microbiota of barley (Maver *et al.*, 2021). In the same year, these results were also validated by Schütz *et al.* (Schütz *et al.*, 2021). They discovered that gramine could promote the proliferation of beneficial strains, such as ASV Novosphingobium and Massilia. Further expanding on this antimicrobial potential, (Abbaoui *et al.*, 2025) conducted a dual in silico and in vitro evaluation of N-heterocyclic derivatives. Their study combined molecular docking, SAR analysis, and ADMET profiling to confirm the efficacy of these compounds as promising antimicrobial agents (Figure 6).

3.3. Antifungal activity

In 2001, Matsuo *et al.* discovered that gramine content increased significantly in the leaves of barley seedlings after infection with *Blumeria graminis*, indicating its potential antifungal activity (Matsuo *et al.*, 2001). In 2011, Schreiber *et al.* reported that gramine 1 could effectively reduce the severity of *Fusarium graminearum* infection in wheat (Schreiber *et al.*, 2011). In 2011, Wollein *et al.* studied the antifungal activity of gramine derivative (a) against *Candida glabratis* and *Aspergillus Niger* (Wollein and Bracher, 2011). Unfortunately, no inhibitory activity was found. However, its cyclization product (b) showed antifungal activity against *C. glabratis* and *A. Niger* with inhibition zone diameters of 11 and 10 mm, respectively (Zhang *et al.*, 2013). In 2019, Lu *et al.* discovered that compounds (f) and (e) exhibited an inhibitory effect of more than 90% in vitro against the plant pathogen *Phytophthora piricola* at 50 µg/mL via the mycelial growth method (Lu *et al.*, 2019) (Figure 7).

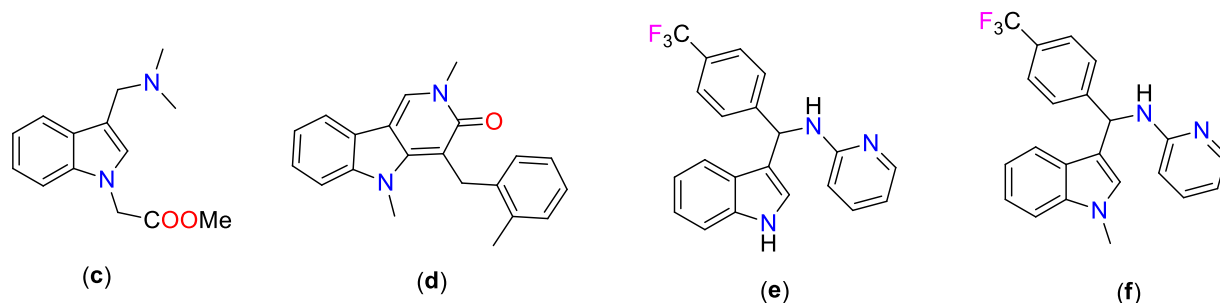


Figure 7: Chemical structures of indole derivatives evaluated for antifungal activity (c–f)

3.4. Anti-inflammatory activity

Inflammation is loosely defined as a response to invading pathogens or endogenous signals, which plays a vital role in many diseases, particularly certain chronic diseases (Dan *et al.*, 2023). 5-lipoxygenase (LOX) enzymes, which are involved in the biosynthesis of leukotrienes with arachidonic acid, may mediate inflammatory reactions (Batista *et al.*, 2019). Inhibition of the inflammatory factor nitric oxide (NO) has also been considered as an anti-inflammatory strategy (Han *et al.*, 2021). In 2017, Magalhães *et al.* reported that gramine 1 can inhibit LOX activity, with an IC₂₅ value of 119 µg/mL. In addition, it can effectively trap 34% of nitric oxide radicals at 1 mg/mL (Magalhães *et al.*, 2017). In 2021, Lu *et al.* discovered that gramine could inhibit the release of pro-inflammatory mediators, including interleukin-

1 β (IL-1 β), IL-6, tumor necrosis factor (TNF)- α , and NO secreted by lipopolysaccharide (LPS)-induced microglia. In addition, it was found to reduce the expression of inducible nitric oxide synthase (iNOS) and cyclooxygenase-2 (COX-2). In vivo behavioral and histological experiments indicated that gramine could attenuate microglial activation and promote motor functional recovery via the NF- κ B pathway (Lu *et al.*, 2021) (Figure 8).

3.5. Antitumor activity

Oral squamous cell carcinoma (OSCC), one of the deadliest tumors, is one of the six leading human malignancies (Torre *et al.*, 2015). 7.12 Dimethylbenz[a]anthracene (DMBA) induced OSCC in a hamster buccal pouch (HBP), which is widely used as an animal model (Shklar, 1999). In 2014, Kumar *et al.* reported that gramine had a potential chemopreventive effect on DMBA-induced BPH, which could be attributed to its lipid anti-peroxidative potential, antioxidant potential, and recovery effects, as well as its detoxifying potential (Kumar and Suresh, 2014). In 2017, they discovered that gramine reduced angiogenesis and induced apoptosis in BPH by regulating transforming growth factor (TGF)- β signaling (Ramu *et al.*, 2017). In 2018, they further demonstrated that gramine could activate the function of key cancer-suppressing proteins p21, p53, and Gsk-3 β , which explained its anti-proliferative effects (Ramu *et al.*, 2018). In 2012, Ke *et al.* reported the anti-proliferative activity of compound (g) against human gastric cancer, human lung cancer, and human hepatocellular liver cancer cell lines.

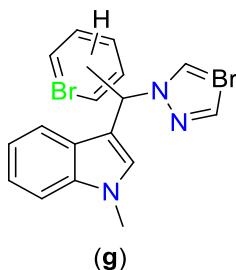


Figure 8: Chemical structure of the hybrid N-heterocyclic entity (g) evaluated for antitumor activity

3.6. Treatment of Alzheimer's disease

Alzheimer's disease (AD), as a neurodegenerative disease, represents an enormous burden on society (Cousins *et al.*, 2021). The physiological characteristics of AD, including β -amyloid (A β) peptide and neurofibrillary tangles (NFTs) caused by the aggregation of τ protein, are important therapeutic targets (Iqbal *et al.*, 2016). The increasing amount of phosphorylated τ protein causes its self-aggregation into NTT, depending on kinase and phosphatase activity. Specifically, Ser/Thr phosphatase plays an important role in the dephosphorylation of τ protein (Zhang *et al.*, 2013). Furthermore, reducing cytosolic Ca²⁺ in neurons can block the development of AD, as demonstrated by the successful commercialization of memantine (Anand *et al.*, 2014). In 2016, Lajarín-Cuesta *et al.* reported that compound 80 could reduce Ca²⁺ influx via voltage-gated calcium channels (VGCCs) and maintain the

action of Ser/Thr phosphatase 2A (PP2A), thereby decreasing τ hyperphosphorylation (Lajarin-Cuesta *et al.*, 2016). In 2018, their group reported the activity of N-benzylated gramine 81 that dissipate neuronal Ca^{2+} overload (Gonzalez *et al.*, 2018). The introduction of a nitro group into benzyl could greatly improve the VGCC blocking effect with an IC_{50} of 1.8 μM for compound (h). Furthermore, Lajarín-Cuesta *et al.* synthesized a derivative of (i), which could restore 78% of PP2A activity and block 40% of VGCC (Zhang *et al.*, 2023). Previous research has indicated that neuroinflammation is a therapeutic target in neurodegenerative diseases, such as AD (Dan *et al.*, 2023). English Activation of NF- κB in neurons will promote their survival (Figure 9). In 2021, Yang *et al.* reported that gramine prevented apoptosis of PC12 cells, inhibited neuroinflammation via the NF- κB signaling pathway, and ultimately promoted the treatment of associated central nervous system diseases such as AD (Lu *et al.*, 2021). In 2023, Jadhav *et al.* found that gramine remarkably restored memory in a scopolamine-induced amnesia model, indicating its potential in the treatment of AD (Jadhav and Sable, 2023).

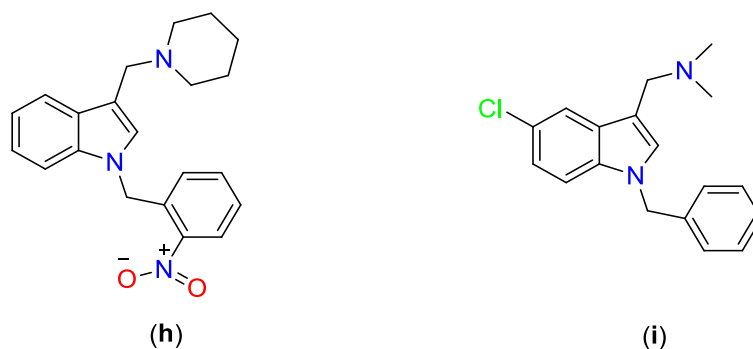


Figure 9: Chemical structures of N-benzyl indole derivatives (h–i) evaluated for anti-Alzheimer potential

3.7. Insecticidal activity

Gramine, as an important defensive toxin in plants, exhibits broad-spectrum insecticidal activity against herbivorous insects (Figure 10), including aphids, cotton bollworms, brown planthoppers, and beetles (Yang *et al.*, 2021). In addition, gramine also exhibits toxicity to *Daphnia magna* with an EC_{50} value of 6.03 $\mu\text{g}/\text{mL}$ (Griffiths *et al.*, 2021). In 2019, Lu *et al.* explored the insecticidal activities of compounds (j–k) against *Helicoverpa armigera*, *Culex pipiens pallens*, *Ostrinia nubilalis*, and *Mythimna separe*. Notably, the insecticidal rate of (j) against *C. pipiens pallens* can reach 80% at a concentration of 10 $\mu\text{g}/\text{mL}$ (Lu *et al.*, 2019).

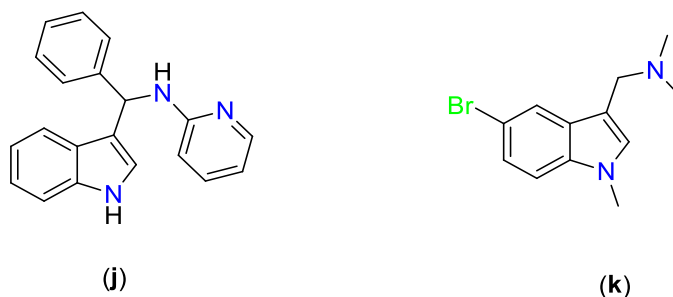


Figure 10: Chemical structures of indole derivatives (j–k) evaluated for insecticidal activity

4. Result and discussion

4.1. Applications

The figure below is a pie chart illustrating the distribution of scientific publications by discipline. It highlights the fields most represented in scientific output. It can be seen that life and material sciences occupy a predominant place, particularly biochemistry, genetics, and molecular biology (22.9%), closely followed by chemistry (21.5%) and agriculture and biological sciences (15.9%). Other disciplines such as pharmacology, medicine, and chemical engineering are also well represented, while fields such as computer science, materials science, and engineering are present in smaller proportions. This graph thus allows us to visualize the thematic distribution of published research, highlighting the importance given to certain fields in the current scientific landscape (Figure 11).

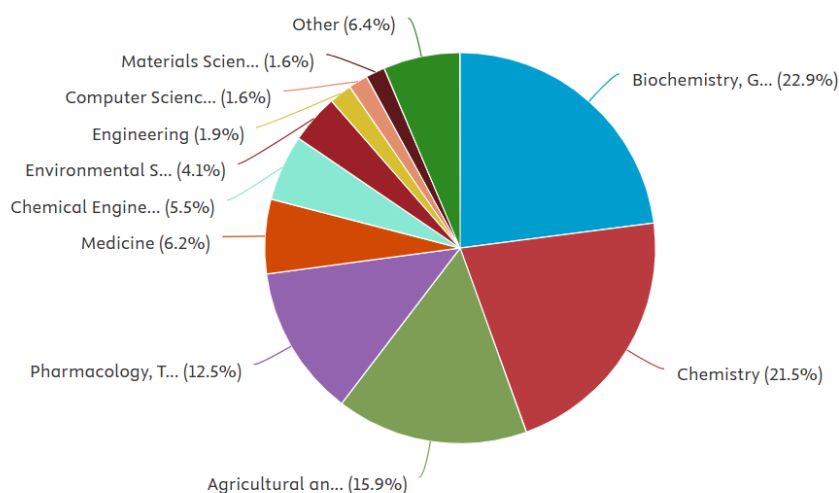


Figure 11: The areas of application of gramine

4.1.1. Natural plant defense

Gramine is a secondary metabolite produced by certain grasses (such as barley, reed, or rye) in response to stress or insect attack. It has antifeedant (prevents insects from feeding) and toxic properties, particularly against aphids, Colorado potato beetles, and grasshoppers. It works by disrupting the insects' nervous system, which drives them away from the plant. This property is used naturally by the plant as a chemical defense barrier. (Leszczynski *et al.*, 1989)

4.1.2. Model molecules in pharmacology

Thanks to its indole structure and tertiary amine function, gramine is used in laboratories to model interactions between natural alkaloids and biological receptors, particularly biogenic amine receptors (such as serotonin). It serves as a basis for designing new neuroactive compounds and better understanding the behavior of alkaloids in biological environments, particularly at the synaptic level. (Glennon *et al.*, 1980)

4.1.3. Phytotoxic effect (potential natural herbicide)

Gramine, when accumulated in the soil or on the surface of leaves, can inhibit germination or slow the growth of competing plants, particularly certain weeds. It acts by disrupting the cellular metabolism of sensitive seedlings. This natural phytotoxicity could be exploited in sustainable agriculture as an environmentally friendly alternative to synthetic herbicides. (González-Coloma *et al.*, 2002)

4.1.4. Application of gramine in the cosmetics industry

Gramine is sometimes explored in cosmetics for its antioxidant and anti-inflammatory properties, derived from its indole structure. It can inhibit lipid peroxidation and reduce oxidative stress in skin cells, making it potentially useful in anti-aging and soothing formulations, or to prevent UV-induced damage. In addition, certain extracts rich in gramine (from plants such as *Arundo donax*) are incorporated into natural cosmetic products for their protective effects and their role in strengthening the skin barrier (Zhang *et al.*, 2014).

4.2. Results

The figure below illustrates the evolution of the number of documents published per year over a period from 1937 to 2025 in a given field of research. There is a general upward trend, marked by low activity before the 1970s, followed by gradual growth between 1980 and 2010. From 2015 onwards, the curve shows a sharp and rapid increase in the number of publications, peaking in 2025 with more than 25 documents. This increase reflects a growing interest in the subject among the scientific community, particularly over the last two decades (Figure 12).

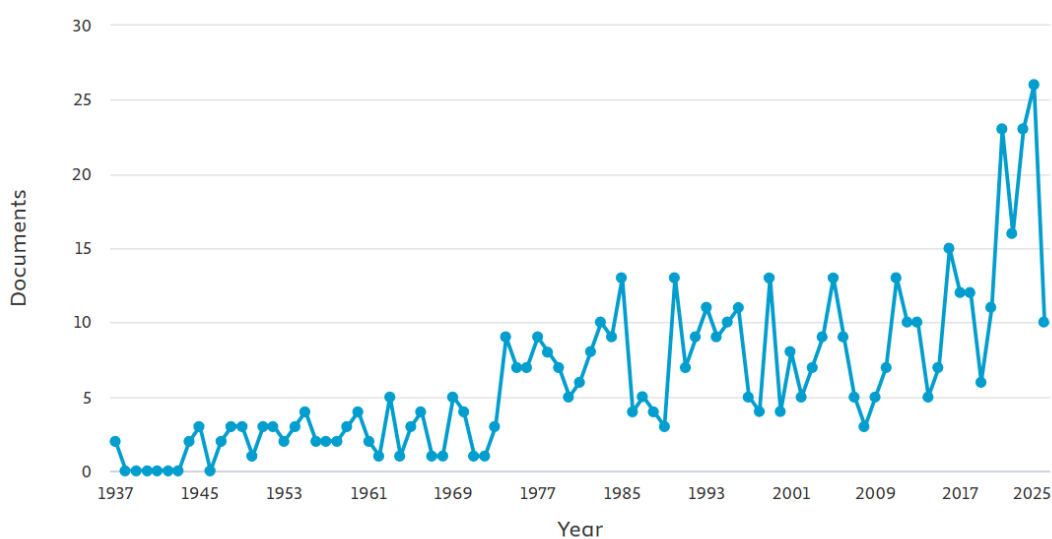


Figure 12 : Scientific production of gramine (1937-2025) (from Elsevier Scopus)

5. Conclusion and Perspectives

This review presents a wealth of information on gramine alkaloids, including their extraction, chemical synthesis, and various biological activities that have been discovered since their first isolation in 1935. First, the source, distribution, and extraction technology of gramine are briefly summarized. Next, their chemical synthesis methods are described according to their key reaction type. Clearly, gramine skeletons can be easily obtained. Modifications with various bioactive moieties provide many potential molecules. Indeed, some drugs with a structure similar to gramine have been successfully commercialized, such as sumatriptan and rizatriptan. In addition, a literature search revealed that their mechanisms of biological activity have also been thoroughly discussed. Of course, there is still much unreported information regarding the pharmacological activity of gramine skeletons. For medicinal chemists, gramine-based drugs will be used in the long term due to their simple structures and desirable activities. New research perspectives in gramine-based medicinal chemistry can be divided into the following themes: (a) introduction of key pharmacophores via hybrid molecule design; (b) structural optimization for defects such as poor pharmacokinetics and bioavailability; (c) elucidation of structure-activity relationships; (d) research on drug combinations and drug resistance; (e) in-depth exploration of various molecular mechanisms and targets, such as the application of multi-omic analysis; (f) effective forms of administration of drug molecules based on gramine skeletons; and (g) discovery and expansion of diverse pharmacological activity.

Acknowledgments: The authors would like to thank for their support ANPMA/CNRST/UMP/VPMA347/20 project. The authors gratefully acknowledge the support from the MHESRI/DHRSR-Morocco and MIT-Hungary (Convention 2023, no. 1 & 2).

Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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